18.11.2020

A social worker's primary function on a day-to-day basis is to:

- Be in contact with vulnerable people.
- Helping in crises.
- Planning activities.
- Building relationships with your client, their family and friends and other professionals in the social care network.
- Working with families.
- Writing and filing reports.

PARKINSON' S DISEASE

What is Parkinson's disease?

Parkinson' s disease is a disorder that causes a progressive loss of nerve cell function in the part of the brain that controls muscle movement. Progressive means that you will lose more of your nerve function as time goes on.

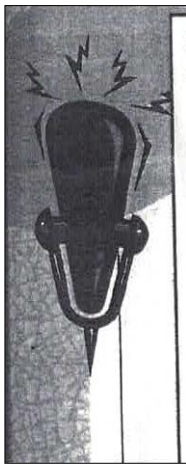
What the symptoms of Parkinson' s disease?

People with Parkinson' s disease experience tremors (shakiness) as a result of the damage to their nerve cells. The tremor may affect the lower jaw, arms and legs. Handwriting may also look "shaky" and smaller than usual. Other symptoms of Parkinson' s disease include nightmares, depression, excess saliva, difficulty turning over in bed, buttoning clothes or cutting food, and problems with walking.

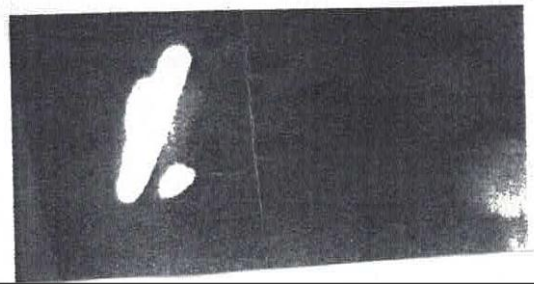
Firstly, the media could cover world poverty much more frequently and in far greater depth. Currently, television rarely focuses on this human tragedy, despite the awful conditions in which hundreds of millions of people spend their entire lives. Regular in-depth reports, however, would surely bring it home to viewers that this appalling situation never goes away, leading to greater pressure on governments to take steps such as increasing overseas aid.

A SPECIAL WELCOME TO VISITORS FROM OVERSEAS

Welcome to England and its rich and varied history. Now you have your Overseas Visitors Pass you have a great two weeks ahead of you and over 400 historic properties to choose from! With so many properties to see, it can be difficult for visitors to know where to begin. We hope this map will help you to make the most of your stay. Perhaps you would like to take advantage of some of the itineraries we have put together for you such as "Wessex in a



Mr James Burgess of Manchester was driving eastwards along the M62 motorway last Tuesday morning at 9.30, when he noticed a bright light in the sky, to the west. At first he thought that it was a reflection, but then realized that it was moving too fast. Mr Burgess, who is a professional photographer, stopped his car and took out his camera, which he always carries with him in the car, and took four photos before the object disappeared. Mr Robert Green, Mr Burgess's brother, who was travelling with him in the car, also saw the object and described it as being at least 100 metres long and cigarette-shaped. It was flying about 2,000 metres above the ground.



Bringing History Alive

Absorbing, stimulating and entertaining - English Heritage events bring the past to life at properties throughout the country. Relive the excitement of famous battles, like the Battle of Hasting of 1066, where the conquering Normans defeated the Anglo-Saxons. As the sounds of battle ring in your ears, you can retrace the lines of conflict and stand where the English army watched the advancing enemy.

How is Parkinson' s disease diagnosed?

No blood tests or x- rays can show whether a person has Parkinson' s disease. However, some kinds of x-rays can help your doctor make sure nothing else is causing your symptoms. The symptoms mentioned above suggest to a doctor that a person might have Parkinson' s disease. If the symptoms go away or get better when the person takes a medicine called levodopa, it's fairly certain that the person has Parkinson' s disease

What causes Parkinson' s disease?

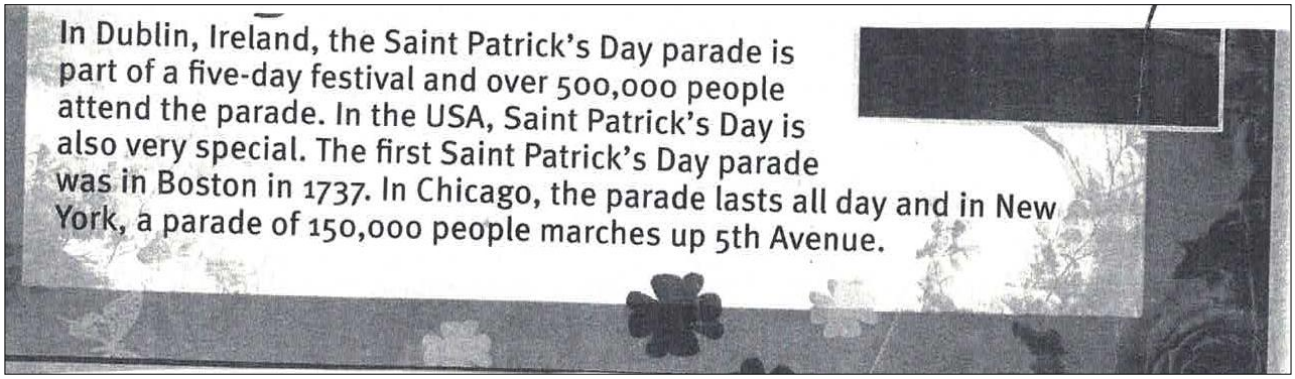
Doctors don' t know exactly what causes Parkinson' s disease. They do know some medicines can cause or worsen symptoms of Parkinson' s disease

s names and recent events. The dementia sufferer can become disoriented about time and place and forget the names of friends and family. The sufferer with severe dementia can lose their way around and become **prone** to wandering away from home. An inability to remember everyday things, such as whether they have eaten, and constant repetition of one or more phrases are also signs of severe dementia. Once the diagnosis has been made, it is impossible to predict exactly how people will respond to treatment. With adequate support, individuals and their carers can still have a good

Social work is varied depending on your specific focus, but the aim is the same: it's all about helping those who need it most. Social workers have an integral role in the UK care sector and work across the country, in hospitals, schools, local authorities and the legal system. There are over 28,000 social workers in the UK, according to latest government statistics on social work.

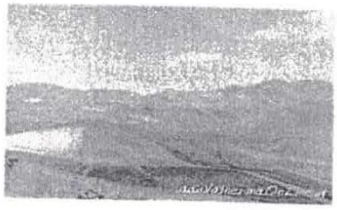
Wessex in a day

For a magical day out, come to Wessex, home of the dramatic hillfort of Old Sarum, the picturesque ruins of Old Wardour Castle and one of the world's best loved landmarks, Stonehenge. We may never know why Stonehenge was built but a walk round the stone circle, listening to the special audio tour will give you some colourful ideas.



19.11.2020

A rapid Rise in the Number of Centenarians in Japan



Scientists have speculated for many years about the secret of long life expectancy among the Japanese population. The traditional diet, which is rich in fish, fruit and vegetables but low in fatty foods, seems to be a major factor in the nation' s longevity. Older people in Japan also continue with strict exercise regimes into their later years and benefit from the country' s excellent health care system. Women account for 84% of all centenarians, which includes the world' s oldest living person, Kamato Hongo, from the southern Japanese island of Kyushu. Mrs Hongo was 116 on 16 th September 2003 and celebrated her birthday with family and

Social Service Workers Can Help End Violence against Women

The numbers of women and girls subjected to violence are staggering. Estimates suggest that one in three women globally have experienced either physical or sexual violence at some point in their lives.In some areas of the world, violence against women and girls is endemic, with the prevalence of intimate-partner violence alone. It is as high as 37% in Southeast Asia.

This is a grave violation of human rights.

- Planning activities.
- Helping in crises.
- Strengthening local knowledge and community ties.
- Spotting new and changing needs of the social user.
- Providing information and support to clients.

Social workers also have a responsibility to develop their own understanding of the profession and be open to new ideas. As Ishaq explains: "I'm constantly looking to learn and embrace new understandings of how to support and help people at challenging

A Day in the Life of a Youth and Families Social Worker

As a frontline youth and family social worker, you receive reports of abuse and neglect from a hotline respondent or law enforcement and are charged with investigating these allegations. You are typically assigned to go into the home and assess the child's safety, determine if the child is safe in the home or needs to be removed immediately, and identity ongoing services. A plan is developed for both the child and the parent, which may or may not include criminal charges or a plan for reunification. Social workers then monitor the child and family on an ongoing basis.

Who invented Braille?

Louis Braille. He was born in a small town near Paris, France, in 1809. He became blind at the age of four. At a school for the blind in Paris, he learnt to read some raised capital letters. This kind of alphabet was difficult and many blind people didn't like using it. Louis Braille wanted to help blind people read and write easily, so he invented a new alphabet in 1829. He didn't use raised letters, but raised dots. Louis Braille died in 1852 and two years later many schools for the blind started using his alphabet.

Where is Braille used today?

Today, you can find Braille almost everywhere. It is used on menus, watches and lifts! It is also in buildings like banks and libraries. There are also special computers for blind people. They can use them to type things in Braille for other blind people to read.

Why Social Work with Immigrants is Important

It is a social worker's imperative with immigrant clients, as with any other client, to connect these individuals with the services and programs available to best meet their needs.

Because eligibility laws often exclude certain classes of immigrants from access to programs and services, social workers are confronted with unique challenges when practicing social work with immigrants, especially if the practitioner is not knowledgeable about the various classifications of immigrants living in the U.S.

Career Profile

A child social worker helps children, as well as their families, improve the quality of their lives by providing services such as counseling. They also seek to assist students with their academic pursuits Child social workers may work for government agencies or at public or private schools.

According to the BLS, there is expected to be a faster-than-average 11% overall employment increase for social workers and a 7% increase for child, family and school social workers between 2018 and 2028. While social workers may be in demand to work in schools, budget cuts by governments may limit the number of job openings.

The Ice Hotel near Quebec city, Canada, is a hotel completely made of snow and ice! It was the first ice hotel in North America. The hotel owners build the hotel every year when the weather gets cold. So you can only stay there during the winter, of course. It is open from January till April. Everything in the hotel is made of ice: the furniture, the walls, even the beds! Special "ice artists" come from all over the world to design the inside of the place. This hotel is definitely the coldest hotel you can visit!

DEMENTIA

Dementia is the name of a group of diseases that **affect** the normal working functions of the brain. It is the fourth most common cause of death after heart disease, cancer and stroke. There are more than half a million people in the UK who suffer from some form some form of dementia, with 20 % over the age of 80 and 6 % over the age of 65 affected. One of the most common types is Alzheimer' s Disease. Changes **take place** in the structure of the brain leading to cell death at a much higher rate than in normal ageing. The disease is progressive, leading to a steady decline. Vascular dementia is the next most common type. A series of small strokes creates obstructions in

Education Requirements for Child Social Workers

To become a child social worker, formal training and education is necessary. Many students enter the field with a bachelor's degree in social work from a program accredited by the Council on Social Work Education. While a degree in general social work is acceptable, prospective child social workers may want to look for programs that offer concentrations in children or child welfare.

Many of these undergraduate bachelor's programs require the completion of general education and introductory social work courses in the first two years. The final two years of a program are devoted to

There exists today an ever-widening wealth gap between different parts of the world, with an increasing number of people living in extreme poverty. Urgent measures are needed, and the first step must surely be to raise awareness in richer countries of just how desperate the situation is. To achieve this, there would appear to be two possible approaches.

Today is the International Day for the Elimination of Violence against Women, an annual day aimed at increasing awareness and hastening progress toward ending all violence against women and girls globally.

The United Nations defines violence against women as any act that results in, or is likely to result in, physical, sexual, or mental harm or suffering to women, including threats of such acts, coercion, or arbitrary deprivation of liberty, whether occurring in public or in private life. Violence occurs in many forms—physical, sexual, and psychosocial—and has a long-lasting emotional and mental impact that affects overall well-being. In some regions, victims are 50% more likely to acquire HIV, according to a 2013 report from UNAIDS.

20.11.2020

Elderly Care Center

In many developing countries the elderly are simply not provided with the level of support and care that they deserve due to limited community resources. ears. While in most countries the elderly are held in the highest regard within their own families, that does not mean they can care for these individuals. As a result, they tend to be forgotten or neglected, unless they make it into one of the elderly care centers.

RESIDENTIAL CARE AND NURSING HOMES



Residential care homes are run by councils, charities, housing associations and private proprietors. They provide accommodation, meals and personal care for elderly people. Personal care generally includes help with getting in and out of bed, dressing, grooming, eating, washing and bathing, as well as help with laundry, shopping, medication and housekeeping. Most nursing homes are run by private proprietors with a few owned by charitable organizations. Care is provided on a 24.- hours basis by qualified nursing staff. The homes have

Social work with older people is as important as child protection

Older people aren't just one homogeneous group with the same needs; they are just as diverse as any other age range

When people find out I am a social worker, they say "oh so you work with children". Then when I tell them that I work with older people, they automatically assume that I work in a care home, or with people with dementia. It is as if social work with older people doesn't exist, or isn't needed as much as working with children.

Unforgettable places

There are many places in Wales which once visited will always be remembered. Places like St David's, Britain's smallest city with its 12th-century cathedral and the ruins of the Bishop's Palace. Or the majestic remains of Tintern Abbey, superbly sited on a bend in the wooded valley of the Wye - an unforgettable sight.

Wales is also renowned for its enchanting castles. From romantic ruins to mighty fortres-

Funny Moments

We all have our funny moments.
Send us your funny story and win an MP3 player!



Last year, I went horse riding with my husband, Steve. We both love sports and we were really excited. It was a funny experience. You see, we were on the horses when there was a loud noise and they got scared. They started running and we couldn't stop them. I was terrified. After a while my husband fell off his horse. Luckily, a few minutes later my horse stopped running. I got off and ran to Steve. He had a huge bump on his head and when he saw me, he said, 'I don't think we should go horse riding again'.

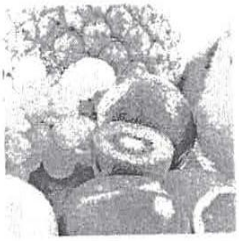
Emily, 31



About a month ago, I visited my grandparents and my grandfather decided to spend the weekend fishing with me. We got ready and went to the river near their house. At first it was fun, but after a while I got bored. I didn't want to scare the fish away, so I couldn't talk, listen to music or even move. Suddenly, I felt something moving in the water. "A fish!" I shouted to my grandfather. Unfortunately, I was really excited, and when I stood up I fell into the water. My grandfather couldn't stop laughing. It was really embarrassing but I had a great time.

Jonathan 19

A BALANCED LIFESTYLE



Our bodies and minds are designed to work as a whole; one affects the other. During our life, we are always changing due to modifications in our internal body system as well as to external influences. These changes mean that our bodies and minds need to be constantly adjusting in order to maintain a balance in our life. With the help of your teacher, single out the factors which can

A BALANCED LIFESTYLE

A race to get excited about: A bed race!

Do you like unusual competitions? Would you like to go down a hill, rolling on a fast bed? Well, we have the perfect race for you! Every year in Key West, Florida the Conch Republic Independence Celebration group organises a race to raise money for AIDS Help, Inc. Everyone can get involved: men, women, children, and everyone has a great time! To join, you have to give $100 per team for the AIDS Help, Inc.

What exactly is a bed race?

You make your bed and put wheels on the bottom, so you can roll anywhere you want. The race starts at the top of the hill on Duval Street and competitors go down the street to the finishing line, and they go FAST! Spectators can watch the race from anywhere near the road.

Unusual buildings

The Leaning Tower of Pisa is a famous building in Italy. Why is it so famous? It's beautiful and it also looks like it's going to fall down! They started building it in 1173, it took about two hundred years to finish and it wasn't straight from the very beginning. It's about 60 metres tall and has about 300 stairs. Many tourists visit it every year. The building isn't the biggest in the world, but it is one of the most interesting!

NORTHBOURNE DAY CENTRE

1354 Wimborne Road
Kinson
Bournemouth
BH 107AP
Tel: 01202 576658
Fax: 01202 591805

Northbourne Day Centre is a friendly centre for older people located on the main Wimbrone Road i Northbourne. We are open on Monday- Saturday from 8:45 a.m – 4:45 p.m except on Bank Holidays. We ca help you maintain your independence and lead as full a life as possible. You can meet other people and tak part in a variety of social and leisure activities. Our staff offer help and support to enable you to enjoy th centre' s facilities and we may also be able to help with personal care. We provide a cooked lunch and cate for special diets. You can choose from two main courses or a salad followed by a choice of sweet.

This piece will provide detail on what a social worker does on a day-to-day basis, and list sectors that need social workers. Using a number of top experts to guide us, we will go through the varied qualifications you can earn to become a social worker, as well as the skills and personal attributes that are important in the job. This guide will also look at the training and personal development available to social workers, and the possibilities for career advancement. We will tell you salary expectations in different fields of social work.

Social service workers are trained to analyze and understand the reasons that violence is perpetrated against women.

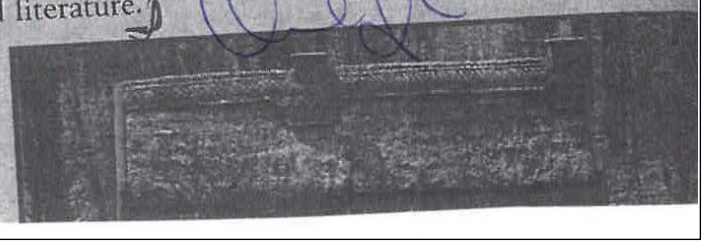
Creating an environment where women and girls are comfortable sharing that they have been victims of violence is an essential first step to providing care and treatment.Social service workers can also be advocates to the government and for victims, and oftentimes have a leading role in obtaining justice by working closely with law enforcement."Child protection workers and violence [prevention] advocates are now finding new ways to work

21.12.2020

WALES, A LAND OF PRINCES

Welcome to Wales - to a land of scenic beauty and wide open spaces, of castles and valleys, of steam trains and farmhouses - with plenty to see and do on your holiday. The Welsh people have a strong affinity with their land and a strong pride in their culture, exemplified in their use of the Welsh language and the warm atmosphere present at *eisteddfodau*, colourful festivals of music and literature.

The Welsh homeland is full of natural beauty. One-fifth of the country consists of three National Parks: the wild mountains and beautiful lakes of Snowdonia, the bleak moorlands and rugged sandstone



Social Worker responsibilities include:

- Planning, coordinating and implementing support packages to help clients and their families cope in difficult times and overcome dependencies
- Interviewing service users and assessing their current condition, needs, strengths and weaknesses
- Addressing each case as a unit and setting tailored measurable goals

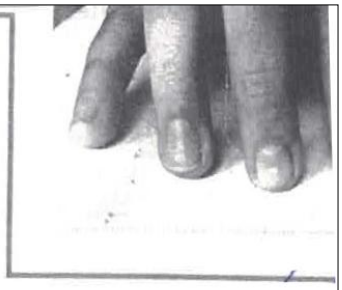
Job brief

We are looking for an emotionally intelligent Social Worker to act as advocate and help people foster their capacities and coping mechanisms in order to improve and better their daily lives and experiences, within specified standards and timescales.

The Magnificent Maldives

The Maldives are a group of very small islands in the Indian Ocean, near Sri Lanka. It has the smallest population of any Asian country. There are about 1200 islands and there are people living on 200 of them. About 400,000 people live in the Maldives and 75,000 of them are on the capital island, Malé. Malé is different from the other islands in the Maldives, because it doesn't have any beaches. In fact, there is a wall that goes around the whole island.

Read with your hands, not your eyes



You use your eyes and read this text easily. But what about blind people? How can they read?
They can read with Braille.

What is Braille?

Braille is a kind of alphabet. In this alphabet, small dots make up the letters of each word. Each number of dots means a different letter. The dots stick up from the paper, so the blind person feels the dots and reads the letters.

"SEABOURNE" ACTIVITIES

Activities tailored to meet your individual needs include:

- Daily living activities: day – to – day needs, cooking, confidence building, groups for people wi dementia or who are hard of hearing, mobility exercises
- Art and craft: knitting, painting,flower arranging, needlework
- Social activities: discussion groups, cards, scrabble, quizzes, snooker, carpet bowls, outing entertainment, reminiscing, celebrations

You will also be able to enjoy free time during your visits:

The role of social worker at a starting level will be to work directly with service users to identify their needs and ensure they get the best care. More experienced social workers can become managers and department heads, where they are responsible for a wider network of social care. Some social workers go into the education sector to train others, while others may move into social work recruitment.

Why should I become a social worker?

Social work is a challenging but also hugely rewarding job. The aim of social work is to help people in need and that can take numerous forms. Like many roles in the care sector helping others is the key drive for those wanting to be a social worker. Compassion and empathy are essential traits, as is integrity and taking pride in one's work.

11.12.2020

Social worker responsibilities

Social workers have key responsibilities on a day-to-day basis due to the nature of their work. These responsibilities are varied and overlap in many social worker roles. They include:

- Interviewing individuals and families.
- Understanding the needs of the service user.
- Spending time with the service user.
- Recommending the best course of action for an individual and/or family.
- Liaising with other social workers, officials and local government.
- Report writing.
- Keeping up to date with changing legislation.
- Giving evidence in court.

DAYS CENTRES AND RESIDENTIAL HOMES

ALUMHURST DAY CENTRE

Alumhurst Road, Westbourne, Bournemouth, BH4 8ER

Tel: 01202 761183, Fax: 01202 762492

Alumhurst Day Centre is a large, friendly centre for older people located close to the Westbourne shoppi centre.We are open from 8:30 a.m to 4:30 p.m Sunday to Friday (excluding bank holidays).We help y maintain your independence and lead as full a life as possible. You'll be able to meet and talk to other peo whose circumstances may be similar to your own. You can also take part in a variety of social and leisu activities designed to meet your individual needs. We may also be able to help with personal care. We provi a cooked lunch and cater for special diets. You can choose from two main courses or salads followed by sweet, fresh fruit or cheese and biscuits